

### PLAYER'S EDGE SOCCER

Control, Create, Compete

Through its programs, Player's Edge has provided the most efficient means of training for many of the top youth players in the northeast. Having produced dynamic players who are an asset to any team. This success has extended itself to the state, regional, national, and collegiate level.

The **Player's Edge** helps players understand what it is to achieve their soccer dreams. **Our commitment** to our payers is to provide them with the best personal coaching in an elite player environment.

#### JULIAN RICHENS

Julian was recently named Head Coach of men's soccer at St. Peter's College, Jersey City, NJ. He is the founder of Player's Edge Soccer and a noted youth coach for both boy's and girl's teams; having lead teams to a National Championship, 3 State Cups and 7 State Finals in the last 4 years.

- NSCAA Premier Diploma
- USSF B License
- NSCAA Assoc. Staff Coach
- USL National ODP Camp Staff
- UEFA A License Candidate
- BSc Sports Science



## Player's Edge Soccer Camp Highlights

- ✓ August 1<sup>st</sup>– 4<sup>th</sup>
- ✓ 9:00 am – 12 pm @ HHS grass field
- ✓ Camp directed by Division I college coach
- ✓ Customized curriculum for Hillsborough players
- ✓ Advanced technical and tactical training
- ✓ Motivate and prepare players for upcoming season
- ✓ Player T-shirt

#### TACTICS:

- Speed of play
- Principles and changing point of attack
- Attacking in the final third
- Principles of Defense
- Combination play
- Creating movement to create space
- Personal and team possession
- Role of GK in defending & attacking
- Playing from the back through midfield
- Developing a system of play
- Set pieces: Defending & Attacking

#### TECHNIQUES:

- Ball mastery, dynamic moves upon receiving
- Front foot passing and deception
- 1 v 1 attacking and defending
- Creating movement and peripheral vision
- Finishing with efficiency

#### PSYCHOLOGY:

- Self-confidence
- Training ethics
- TRY: Take Responsibility Yourself
- Goal Setting
- Learn from mistakes

#### CONDITIONING:

- Foot speed and quickness
- Flexibility and speed training
- Warm up and cool down
- Nutrition and hydration
- 

**See Camp Application page for payment and due date details.**



**2011 HHS "Player's Edge Soccer" Camp Application**  
**PRINT THIS PAGE and MAIL IN**



Please make checks payable to:

***Player's Edge Soccer***

Mail application and payment by July 15th to:

Player's Edge Soccer  
21-3C Bloomingdale Drive  
Hillsborough, NJ 08844

**Session Attending:**

August 1 - 4 at HHS, 9am-12pm, cost: \$125

**PLAYER INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ NJ \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Travel Team: \_\_\_\_\_

Coach: \_\_\_\_\_

Age: \_\_\_\_\_

Position: \_\_\_\_\_

Years Played: \_\_\_\_\_

Grade entering this fall: 9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>

Adult T-shirt size: SM MD LG XL

***Emergency Waiver***

I hereby authorize the directors and employees of Player's Edge Soccer to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release all camp employees from any and all liability from injuries and illness while at camp. I also grant Player's Edge Soccer permission to use my child's image in the form of a photograph or video for future promotional use.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

FOR ADDITIONAL  
INFORMATION ON  
**PLAYER'S EDGE SOCCER**  
CONTACT:

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