



PLAYER'S EDGE SOCCER

*Control, Create,
Compete*

Through it's programs, Player's Edge has provided the most efficient means of training for many of the top youth players in the northeast. Having produced dynamic players who are an asset to any team. This success has extended itself to the state, regional, national, and collegiate level.

The **Player's Edge** helps players understand what it is to achieve their soccer dreams.

Our **commitment** to our payers is to provide them with the best personal coaching in an elite player environment.

JULIAN RICHENS

Julian begins his fourth season as the Men's Assistant Coach at Rider University. He is the founder of Player's Edge Soccer and a noted youth coach for both boy's and girl's teams, of which three were ranked nationally in the top 15 last year.

- NSCAA Premier Diploma
- USSF B License
- NSCAA Assoc. Staff Coach
- USL National ODP Camp Staff
- UEFA A License Candidate
- BSc Sports Science



PLAYER'S
EDGE



PLAYER'S EDGE SOCCER

Camp Highlights

- ✓ August 2nd- 5th
- ✓ 9:00 am - 12 pm @ HHS grass field
- ✓ Camp directed by Division I college coach
- ✓ Customized curriculum for Hillsborough players
- ✓ Advanced technical and tactical training
- ✓ Motivate and prepare players for upcoming season
- ✓ Player T-shirt

TACTICS:

- Speed of play
- Principles and changing point of attack
- Attacking in the final third
- Principles of Defense
- Combination play
- Creating movement to create space
- Personal and team possession
- Role of GK in defending & attacking
- Playing from the back through midfield
- Developing a system of play
- Set pieces: Defending & Attacking

TECHNIQUES:

- Ball mastery, dynamic moves upon receiving
- Front foot passing and deception
- 1 v 1 attacking and defending
- Creating movement and peripheral vision
- Finishing with efficiency

CONDITIONING:

- Foot speed and quickness
- Flexibility and speed training
- Warm up and cool down
- Nutrition and hydration



PSYCHOLOGY:

- Self-confidence
- Training ethics
- TRY: Take Responsibility Yourself
- Goal Setting
- Learn from mistakes

APPLICATION

The cost of the camp is \$125 per player. Please make checks payable to: Player's Edge Soccer
Mail application & payment by July 15th to:

PLAYER'S EDGE SOCCER

21-3C Bloomingdale Drive
Hillsborough, NJ 08844





2010 HHS "Player's Edge Soccer" Camp Application

PRINT THIS PAGE and MAIL IN

SESSION ATTENDING:

August 2 - 5 at HHS, 9am-12pm, cost: \$125

PLAYER INFORMATION

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Home Phone: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Travel Team: _____

Coach: _____

Age: _____

Position: _____

Years Played: _____

Grade entering this fall: 9th 10th 11th 12th

Adult T-shirt size: SM MD LG XL

EMERGENCY WAIVER

I hereby authorize the directors and employees of Player's Edge Soccer to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release all camp employees from any and all liability from injuries and illness while at camp. I also grant Player's Edge Soccer permission to use my child's image in the form of a photograph or video for future promotional use.

Parent / Guardian Signature

Date

Please make checks payable to:

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Hillsborough, NJ 08844

FOR ADDITIONAL INFORMATION ON
INFORMATION ON
PLAYER'S EDGE SOCCER
CONTACT:

JULIAN RICHENS
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